

School Holiday Fun at Narromine Library!

Beat the winter blues these school holidays with these fun activities at Narromine Library!

Zentangles

Tue 29 June: 10:30am-5pm

Drop in at any time and learn the art of Zentangles; test how the simple act of drawing can unleash your creativity and increase focus and relaxation.

Relax @ Narromine Library

Tue 6 July: 10:30am-5pm

Drop in and learn some simple techniques to help relax the mind and body. You will learn some relaxation techniques including mindfulness, breathing and gentle yoga. PLUS make your own stress ball to take home.

For ages 5-12 years. No bookings required. For enquiries, contact Narromine Library on 02 6889 1088



